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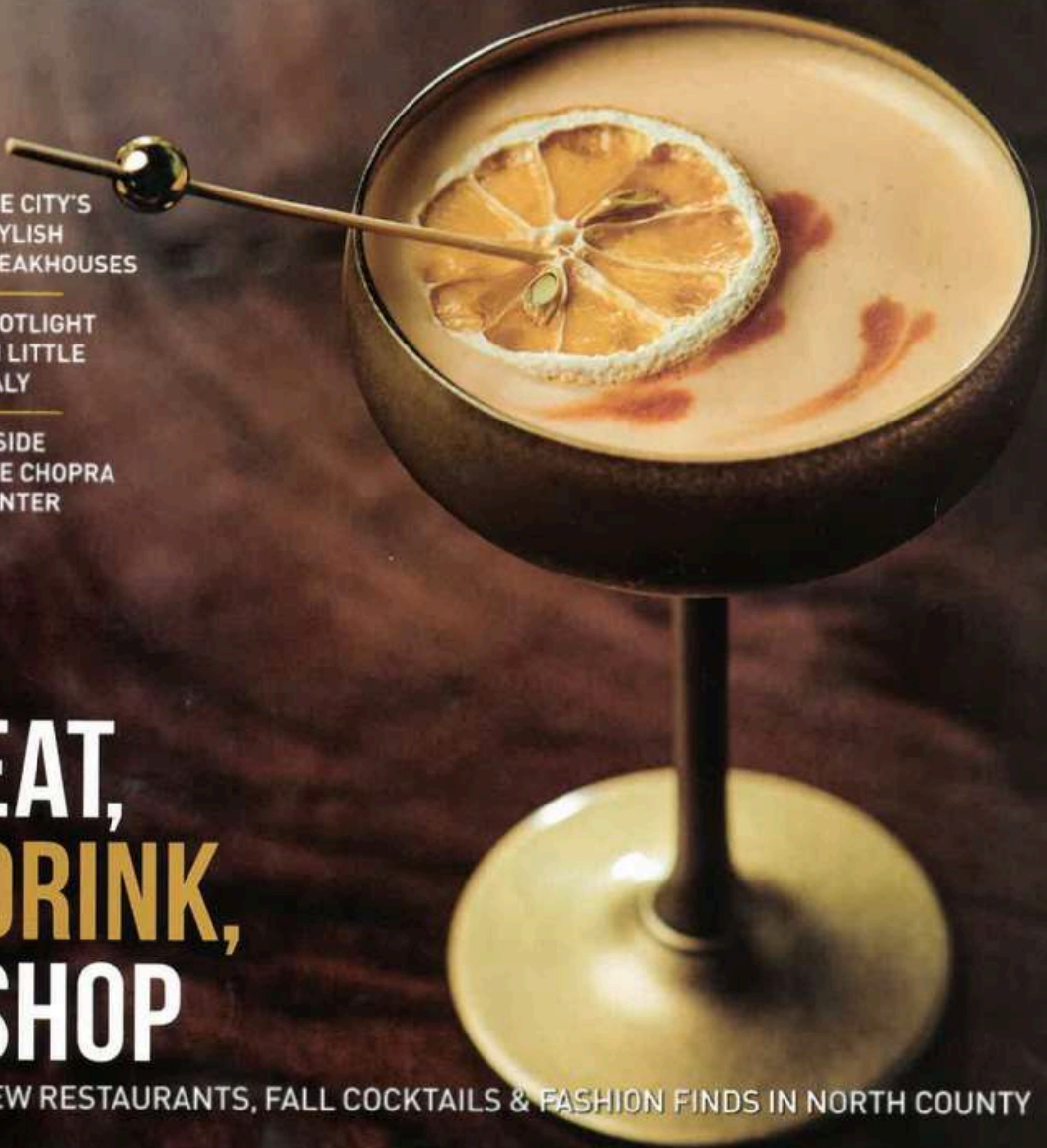
THE CITY'S  
STYLISH  
STEAKHOUSES

SPOTLIGHT  
ON LITTLE  
ITALY

INSIDE  
THE CHOPRA  
CENTER

EAT,  
DRINK,  
SHOP

NEW RESTAURANTS, FALL COCKTAILS & FASHION FINDS IN NORTH COUNTY



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## CONTENTS

## THE FASHION & SHOPPING ISSUE

### DEPARTMENTS

#### 4 Editor's Note

Confessions of a grammar geek.

#### 6 Hot Dates

KAABOO, San Diego Bay Wine & Food Festival, Fashion Week San Diego and more.

#### 64 30 Things We Love

Julian apple pie, San Diego Symphony concerts and more.

### WHERE NOW

#### 8 Dining

Napa-inspired Route 29, Italian fare at Amici's Ristobar, and Mexican cuisine at El Jardin.

#### 10 Wellness

Inside the world-famous Chopra Center in Carlsbad—Deepak Chopra's one-of-a-kind wellness oasis.

#### 12 Out + About

Little Italy's new Piazza della Famiglia, Little Italy Food Hall and Wednesday Market.



#### ON THE COVER

The tequila-based Golden Gate cocktail at Route 29—passion fruit, turmeric, carrot, lime, egg whites and agave. See page 9.



### FEATURES

#### 14 Fall Fashion Favorites

When it comes to stocking up on new threads for fall, San Diego's North County is home to a dynamic mix of stylish shopping centers and fashion boutiques for the whole family. **BY SARAH DAoust**

#### 16 A Cut Above

Our last issue centered on vegetarian/vegan cuisine, so we decided to throw our fellow carnivores out there a bone (insert wink) in this issue. San Diego is a prime destination for steak lovers, and we rounded up some of the city's top steakhouses to prove it. **BY SARAH DAoust**

### THE GUIDE

#### 36 DINING

Restaurants by cuisine and neighborhood

#### 48 ENTERTAINMENT

Special events, festivals, concerts and performing arts

#### 53 ATTRACTIONS + MUSEUMS

Theme parks, wineries, activities and exhibitions

#### 56 SHOPPING

The county's best malls and major retail destinations

#### 57 NIGHTLIFE

Hot dance clubs, laid-back lounges and cool cocktail bars

#### 57 TOURS + TRANSPORT

Getting out, getting around and getting an insider's look at the city

### CITY TOURS

#### 20 Downtown

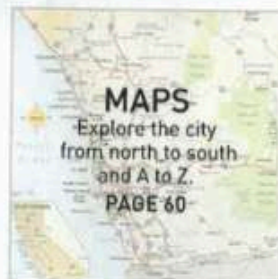
#### 22 La Jolla

#### 24 Beach Cities

#### 26 Uptown

#### 28 North Coast

#### 30 Balboa Park



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Duck p $\hat{a}$ t $\hat{e}$  and hazelnut duck confit and charred bread at Route 29

## TASTE OF NAPA

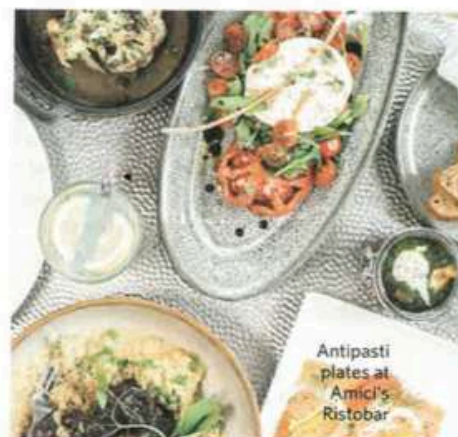
Explore Napa Valley wine country without leaving town at **Route 29**, a quaint outpost dedicated to sustainable wining and dining. Boasting 150 bottles and 30 selections by the glass—curated by sommelier Nemanja Pejic—the wine list spotlights regional and NorCal vineyards. Executive Chef Daniel Bear crafts seasonal dishes with local ingredients, including a selection of “jars” filled with treats such as burrata caprese and duck p $\hat{a}$ t $\hat{e}$ ; plus beautifully plated salads, small bites, entrees and vegan options. Standouts include the buffalo filet tartare with local avocado and quail egg; the Montana wagyu Kurobata pork chop with apple-cabbage sauerkraut; ricotta gnocchi with duck confit ragu; and crispy California halibut. An ode to Napa’s main highway, Route 29 radiates an airy, rustic vibe—outfitted in light woods, iron and copper finishes, high ceilings, an open kitchen, a glass-enclosed wine wall, and rural photography that transports you to wine country. 644 Fifth Ave., Gaslamp Quarter, 619.235.8144

## Buon Appetito

Living up to its translation to “friends” in Italian, **Amici’s Ristobar** (formerly Dolce), is a true neighborhood restaurant that is elegant enough for date night, yet casual enough for families. Enter a contemporary, brick-walled haven—accented by crystal chandeliers, rich woods, black-and-white murals and a marble-topped bar—for a meal that

celebrates southern Italian heritage and fresh California produce. This means dishes such as linguine frutti di mare cartoccio, served in a parchment paper pouch with crab, mussels, shrimp, clams, scallops and fresh herbs; roasted octopus with cannellini beans, cherry tomatoes and spicy breadcrumbs; eggplant parmigiana served in a jar;

and Italian baked meringue with berries for dessert. Or choose from wood-fired pizzas, handmade pastas, family-style dishes and options for kids; plus, weekend brunch. To drink: bellinis, Italian beers on tap, specialty cocktails and California and Italian wines. 5980 Village Way, #B106, Pacific Highlands Ranch, Carmel Valley, 858.847.2740



Antipasti plates at Amici’s Ristobar